

# Island Alpaca Co. of Martha's Vineyard

## *Alpaca Yoga Registration, Waiver & Release Form*

**Program Information:** If you are an alpaca enthusiast and need to unwind, you will love experiencing yoga at Island Alpaca Farm. A fun and exciting farm experience for alpaca lovers and yoga lovers. Even if you are a novice, or have never practiced yoga, Island Alpaca welcomes you to experience yoga in the soothing presence of their alpaca.



Held in their pasture among their friendly alpaca with yoga instructors Isabella Gillies and Liz Kass. All levels welcomed. Children under 14 may participate with accompanying adult. Pre-registration is suggested.

**Who We Are:** Island Alpaca is a mid-sized alpaca farm committed to producing superior alpaca in diverse colors, with excellent disposition. We spend time with our alpacas on a daily basis to insure that they are easy to handle, safe and fun to be around. Every participant will learn the basics of yoga, among the alpaca in our pasture, as well as where alpaca come from and why they are important to us. Participants will also meet the herd, including our newest babies.

**Program Time:** Join us for an exciting session of **Alpaca Yoga**, Monday's from 3:30 – 4:30 pm. And Thursday's from 9:30-10:30.

**Registration:** Alpaca Yoga is a fun farm experience for any alpaca lovers and yoga enthusiasts age 14 or older; (Younger participants welcomed with attending parent/guardian.) Up to two children under the age of 14 per attending parent/guardian). Cost is \$30 per person per session. Payments may be made by VISA, M/C, AMEX, by cash, or check (payable to Island Alpaca Co.) in person at the farm, online or by mail. Registration and waiver form must accompany participant prior to program. All registrations are on a first-come, first-served basis.

**Pre-registration:** Pre-registration strongly suggested as class sizes are limited to ensure a quality experience for participants and alpaca alike! Walk-ins welcomed on a space-available basis. (Minimum class size may apply)

**What To Bring:** Sturdy, comfortable shoes or boots, sunscreen, camera.. The last 15 minutes will be a “meet & greet” with the alpaca--- a great photo opportunity!

**Safety Rules:** To ensure the safety of all participants, please adhere to the following:

- All participants must follow the directions of the instructor(s), and remain within sight of the instructor(s) at all times.
- Smoking and pets are not permitted anywhere on the farm.
- Please use the designated parking areas. Morning classes should use the second entrance in front of the barn. Afternoon classes should use the first entrance. • check-in, at the farm store. • Please do not feed or pet the alpaca without Island Alpaca staff supervision. • Please do not stand/climb on fencing. • Closed-toed shoes are required at all times.

***Pre-registration and pre-payment required. Full refunds will be given if a class is cancelled by the farm, or if you cancel your attendance up to two weeks before the listed class date. Contact us at the farm: 508-693-5554 or [info@islandalpaca.com](mailto:info@islandalpaca.com) with any questions.***

**REGISTRATION- Please submit/sign before start of program) Indicate ages if under 18 years.**

Participation Day/Date: \_\_\_\_\_ Email: \_\_\_\_\_ Tel: \_\_\_\_\_

Participant #1: \_\_\_\_\_ Age: \_\_\_\_\_

Participant #2: \_\_\_\_\_ Age: \_\_\_\_\_

Participant #3: \_\_\_\_\_ Age: \_\_\_\_\_

Participant #4: \_\_\_\_\_ Age: \_\_\_\_\_

Street Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Yoga Waiver & Release Form**

*I recognize and understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated. If I experience any pain or discomfort, I will listen to my body, discontinue the activity, and ask for support from the instructor. I assume full responsibility for any and all damages, which may incur through participation.*

*Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. By signing, I affirm that a licensed physician has verified my good health and physical condition to participate in such a fitness program. In addition, I will make the instructor aware of any medical conditions or physical limitations before class. If I am pregnant, become pregnant or I am post-natal or post-surgical, my signature verifies that I have my physician's approval to participate. I also affirm that I alone am responsible to decide whether to practice yoga and participation is at my own risk. I hereby agree to irrevocably release and waive any claims that I have now or may have hereafter against Island Alpaca and it's instructors.*

*I have read and fully understand and agree to the above terms of this Liability Waiver Agreement. I am signing this agreement voluntarily and recognize that my signature serves as complete and unconditional release of all liability to the greatest extent allowed by law in the State of MA.*

**Signature(s):**

\_\_\_\_\_

**Date:**

\_\_\_\_\_

**I/We understand and agree to the above terms and conditions.**

**Signature of Parent/Guardian Date**

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*Island Alpaca protects your personal information. We do not sell our mailing lists. The information you provide will be used to keep you informed on the activities on the farm, programs, services, special events and sales!.*

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**For farm use only:**

Date Received: \_\_\_\_\_ Amt: \_\_\_\_\_ Check: \_\_\_ Check Number: \_\_\_\_\_ Cash: \_\_\_\_\_

Visa-MC-AMEX: Card No: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Name as it appears on Card \_\_\_\_\_

Email for Receipt: \_\_\_\_\_

